## Healthy Habits & **Athletics**

Dance- Our dance team. In Da Zone. incorporates hip hop, ballet, jazz, and African styles into their performances. Graduates of IDZ have gone on to dance at the collegiate level, for the Boston Celtics, and compete on So You Think You Can Dance.

Boxing-Legendary boxing coach and Golden Gloves Hall of Fame honoree. Carlos Garcia, has been training Worcester's youth for over 30 years including 3-time World Champion, Jose Antonio Rivera.

Aquatics- Our swim team, The Hurricanes, have been competing in nationals for the past 17 years, and some of our Club kids have even broken national records!

**Basketball**– Our basketball programs includes competitive and noncompetitive leagues, as well as travel teams.

Clark University Track & Field-In October 2016, Clark University introduced their new collegiate field, which has opened our Club to new programming including rugby, soccer, flag-football, and track.

Kid's Café-Our members are served a dinner 5 nights a week.



To schedule an orientation and join the Club for FREE, please contact:

> Boys & Girls Club of Worcester 65 Tainter Street Worcester, MA 01610 (508) 754-2686 www.bgcworcester.org info@bgcworcester.org

Follow us on social media!







We are here to help you prepare.

**GREAT FUTURES START HERE.** 



Tel: (508) 754-2686

# What the Club Can Offer You

#### College Prep & Scholarships

We offer assistance with college applications, essay writing and financial aid. We also distribute multiple college scholarships (must be a member for at least a full calendar year before applying)

### Job Trainings

Members are able to enroll in life guard certification courses and ServSafe trainings FREE of charge. We also offer job interview trainings, job shadowing opportunities, and employment at the Club.

#### **Driver's Ed Courses**

Our Club has partnered with Central Mass Safety Council to offer our members FREE in-class Driver's Ed courses. Must be 16 years old to participate.

#### **Volunteer Opportunities**

Volunteering is a great way to give back to the community, gain useful personal and professional experience, and make your college application stand out.

#### Music

Our Club offers guitar, keyboard, voice, and drum lessons from professional staff and community organizations such as Clark University and Pakachoag School of Music. We also have a recording studio where members are trained on the ins and outs of recording music and radio.

### Youth of the Year

Each year, Club members participate in our "Youth of the Year" (YOY) competition, which selects a teen who excels academically, in the community, and at the Club. YOY provides youth a chance to earn college scholarships, meet prominent community members, and boost their college applications.



"I'm not sure I would be where I am today, going to college, if it was not for the Club staff and the WPD gang unit who have always supported my goals and have been there for me when I've made mistakes."- Tiana Felix, Youth of the Year, 2016

\*(annual membership runs from September-August 31st)