

Skills Mastery and Resilience Training

SMART moves

GOAL:

Focuses on helping youth develop healthy decision-making attitudes and skills. The program teaches essential social-emotional skills that enable youth to communicate effectively, make healthy decisions, and refuse to engage in unhealthy behaviors.

WHO?

CO-ED

AGES 13 ONLY

WHEN?

WEEKS 3, 4, 5 & 8

WHY?

AS YOUTH REACH A CRITICAL STAGE IN THEIR LIVES WHERE THEY BECOME FACED WITH MAJOR DECISIONS, SMART MOVES INVOLVES AND PREPARES THEM AS LEADERS TO HELP THEM BE CONFIDENT AND RESIST RISKY BEHAVIOR AND PEER PRESSURE

- FIELD TRIPS
- SWIMMING
- GUEST SPEAKERS
- FUN ACTIVITIES
- COMMUNITY SERVICE



EARLY REGISTRATION OPPORTUNITIES:

APRIL - \$40/WEEK

MAY - \$50/WEEK

JUNE - AUGUST - \$75/WEEK

CONTACT:

FOR MORE INFORMATION REGARDING REGISTRATION,
PLEASE CONTACT THE MEMBERSHIP AT (508) 753-3377
FROM 9:00 A.M.-5:00 P.M. MONDAY-FRIDAY.