# "Yo, What's up!"

Girl's Voice is a program that provides a variety of activities and forums that focus on quality education and character developememt. We prioritize diversity, positive relationships, and conflict resolution to improve your child's non-academic intelligence. We will spend the summer playing games, painting, taking dance class, and completing different projects that all tie in to each weeks theme.

We're also, just like.. so totally radical!



# Let's Get Closer



#### Website

Www.bgcworcester.org/summer

#### **Club Email**

Info@bgcworcester.org

### **Program Email**

Eflowers@bgcworcester.org

#### **Social Media**

Facebook Boys & Girls Club of Worcester

> Instagram @bgcworcester







#### **Meet Your Staff**

Laylay- Eflowers@bacworcester.org

Nena- Amadison@bacworcester.org

We are dedicated to providing young ladies with memories that will last and the blast of the past!

## **Things To Know**

- We highly discourage phone/tablet usage. Please keep them at home or in bag.
- Towel and one-piece bathing suit required to swim.
- Bring a reusable water bottle and sunscreen.
- Have appropriate athletic wear. Members cannot share products, electronics or money.

## Week One - June 26th

Girls Voice Objective: Introduction

Members will participate in ice breakers and group games. Members should end the week feeling comfortable and ready to take on the summer!



# Week Two - July 5

Girls Voice Objective: Diversity

Members will learn about different races, cultures, and modern family dynamics. The week will conclude with an activity on how we can all relate to each other. (Club closed July 3rd & 4th).

# Week Three - July 10

Members will learn about emotional regulation and problem solving. Members should end the week with a sense of leadership and team building skills.

# Weeks Four & Five - July 17 & 24

Challenge Week & Under the Sea Girls Voice Objective: Home Economics

Members will learn about basic household chores, making simple no heat snacks and how to read recipes. We will also focus on maintaining a schedule and prioritizing.

## Week Six - July 31

Into the Wild Week Girls Voice Objective: Mindfulness

Members will learn about self-awareness, awareness of others and self confidence. We will conclude the week reviewing puberty and feminine hygiene.

Members will learn to identify positive and negative relationships. We will review bullying and discuss how to be a good friend.

# Week Eight - August 14

Celebration Week Girls Voice Objective: Talent Show

Members participate in annual fashion show and Girls Voice end of the summer celebration!



### The Vibes

At the Boys & Girls Club we offer variety for your children to explore. Vea out with us at Girls Voice all summer and broaden vour horizons:

- Painting and Arts & crafts
- Relay races
- Singing and music
- No heat cooking
- Dance
- Weekly projects



# To Register





If child is not an active member at the Boys & Girls Club of Worcester, they must first be registered and the initial \$25 registration fee must be paid.

